

MEADOWOOD

Newsletter of the Meadowood Neighborhood Association, Inc.
P.O. Box 45528, Madison, WI 53744-5528

April - May 2018
www.meadowoodneighborhood.org

President's Message – Terry Evanson

mtevanson@gmail.com; (608) 271-6846

Happy 60th Birthday, Meadowood! Established in 1958, the Meadowood Neighborhood Association turns 60 this year. To celebrate we are sponsoring "Meadowood Then and Now". Elsewhere in this newsletter find how you can participate in celebrating this milestone with us. We look forward to publishing your reminiscences in future newsletters.

The wonderful news is that a new Meadowood Park shelter will be built this summer. The shelter will have the same design and dimensions as the Norman Clayton Park shelter on Piping Rock Road. We are hopeful that the shelter will be completed by mid-July. That will be just in time for the annual Meadowood Neighborhood Association picnic on July 28. Our picnic will take place this year at Meadowood Park. PLEASE NOTE THE CHANGE IN PLACE! Look for more information on the picnic in our next newsletter.

See the calendar elsewhere in this newsletter for other summer activities in Meadowood. Please plan to attend Make Music Madison on June 21 at Meadowood Park. We'll have terrific stage performers, activities for children and families, snacks, a community supper, and lots of fun! West Fest, with lots of family-friendly activities, will take place at Elver Park, on July 14th.

Welcome to spring in Meadowood! Getting outdoors energizes our spirits and provides opportunities to become reacquainted with our neighbors. As you enjoy outdoor walks and other activities, take time to say hello. Introduce yourself to a neighbor you don't know and make a new friend! It's wonderful to look forward to the greening up of lawns, the blooming of flowers and planting of gardens. If you need extra garden space, consider renting a garden plot in the Meadowood community garden. Contact Yimmuj at meadowoodgarden@gmail.com or (608) 520-0604 to rent a plot.

It is with deep sorrow that we note the passing of Sheri Rembert. Sheri was an avid gardener and created beauty around her. As an MNA board representative for Area 5, Sheri helped establish the Meadowood community garden. She planted flowers there annually and truly enhanced our neighborhood. We miss her.

Thank you to everyone who participated in our Bingo Party at Ten Pin Alley in March. Please take time to thank the businesses who provided the prizes. We deeply appreciate Joyce Dingman, our bingo caller, and the board members who gathered the prizes and planned the Bingo Party.

The Meadowood Neighborhood Association (MNA) Board of Directors consists of the area representatives and officers, and up to two at-large members. Here is the current board membership with contact information:

Area 1: Sally Stix, **Board Vice President**, sastix@tds.net

Area 2: Krista Ralston, kralston@wisc.edu

Area 3: VACANT

Area 4: Willa Schlecht, willazoe61@gmail.com

Area 5: Tyler Rehm & Sara Wagner, tylerrehm@gmail.com

Area 6: Lisa Veldran, lveldran@yahoo.com

Area 7: Lisa Schulz, **Board Treasurer**, buttonldy@aol.com

Area 8: Mark & Janice Bauman, **'Meadowood' Editor, Board Secretary**, msbauman57@gmail.com

Area 9: Terry & Marty Evanson, **Board President**, mtevanson@gmail.com

Area 10: Diane Berry & Gene Masters, dianexberry@gmail.com

Area 11: VACANT

Area 12: Kyra Swenson, **Web Master**, chakeer@gmail.com

Area 13: Sheray Wallace, sherayw@yahoo.com

Areas 14 and 15: VACANT

Member at Large: VACANT

Four (4) areas are not currently represented on the MNA Board. **If you live in one of these areas, please consider serving on the neighborhood association's Board.**

To determine which area you live in, visit the MNA website at: www.meadowoodneighborhood.org/contactus

Upcoming Meadowood Neighborhood Association (MNA) Events:

Friday, May 11 - Saturday, May 12:

Meadowood Neighborhood Garage Sale

Thursday, June 21: Make Music Madison at the Meadowood Park. Start time is 4:00 pm.

Saturday, July 14: West Fest at Elver Park. Noon - 7 pm.

Saturday, July 28: MNA Annual Picnic, 12:30 - 2:00 pm.

For updates on additional events in the Meadowood area, please refer to the 'News & Events' page of the MNA website: www.meadowoodneighborhood.org/newsandevents

Medication Review



Medication Review

Wednesday, April 11

10:00 am to 4:00 pm

Meadowoodridge Library

Did you know?

- Some common medications are inappropriate for adults over age 65.
- Combinations of multiple prescriptions, over-the-counter medications and vitamins can cause negative affects, such as dizziness, falls, bathroom urges and confusion, to name a few.

Protect your health.

A medication review will identify potential problems. A qualified pharmacist will assess your medications and your risk of a negative drug reaction.

Schedule a medication review before April 10th by calling Sheray at 608-622-2355 or email sherayw@yahoo.com

Please bring a list of all medications, vitamins and over-the-counter medications to your appointment.

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Meadowood Then & Now: A Project to Highlight a Changing Neighborhood

Did you know that in 1958...

- ⇒ NASA was established, and launched the first US satellite
- ⇒ The Barbie Doll was introduced
- ⇒ The Microchip was invented
- ⇒ The world's population was under 3 billion
- ⇒ The Meadowood Neighborhood Association was established!

The world has changed a lot in sixty years, and there is nowhere that these changes can be seen better than in our own little corner of it. To celebrate its 60th anniversary, Meadowood Neighborhood Association is launching a project called "Meadowood: Then & Now". We are looking for any and all neighbors who have stories they would like to share about living in the neighborhood. Tell us how you have witnessed Meadowood change and grow over the years! We would also like to hear from some of the youth of our neighborhood about what it's like to grow up in the Meadowood of today. Stories will be shared in future editions of the Meadowood, as well as on our website www.meadowoodneighborhood.org.

So join in the conversation! Did you buy a house in a brand new Meadowood back in the 60's? Raise a family in the 90's? Are you a teen with a story about what growing up in Meadowood has meant to you? Whether you are from one end of the Meadowood time-line or the other, we want to hear from you! Let's come together to celebrate all the changes that have made our neighborhood the great place it is today!

To participate, please contact Kyra Swenson, Area 12 representative, at chakeer@gmail.com or 608-695-9483.

CommUnity Suppers at Good Shepherd Lutheran Church

Tentative dates for 2018 Community Suppers at Good Shepherd Lutheran Church are as follows:

- ◆ Wednesday, April 25
- ◆ Thursday, June 21
- ◆ Wednesday, August 22
- ◆ Wednesday, December 19

Community suppers are held 5:30 - 8:00 pm. The meal is always free, but donations are always accepted. Please consider bringing a side dish or dessert to share.

To volunteer, contact Sheray Wallace at: sherayw@yahoo.com or (608) 622-2355.

For the latest information on the community suppers, please visit the MNA website:

www.meadowoodneighborhood.org/supperprogram

Toastmasters International Where Will Pathways Take You?



Reach your personal and professional goals through Pathways, Toastmasters' new education program. Build the real-world skills you're looking for with a user-friendly online learning experience you can customize to fit your needs:

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Learn more at toastmasters.org/Pathways

Meeting Times: Madison Achievers Toastmasters meets at 7 pm on the 1st and 3rd Wednesdays

Meeting Location: Good Shepherd Lutheran Church, 5701 Raymond Road. Turn on Whitney Way, 2nd driveway on the right. At the back of large lobby, hallway on the left, end of hall, room 3 on the right.

Meadowood Neighborhood Garage Sale

Mark your calendars! The Meadowood Neighborhood Garage Sale will be held **Friday, May 11th and Saturday, May 12th**. Tons of sales and deals to be had! More details including addresses and types of merchandise to be found will be released closer to the event date.

For more information or to have your house included as part of the sale, please contact Jackie Steinhauer via Facebook (<https://www.facebook.com/events/170792247058339>), NextDoor (https://nextdoor.com/news_feed/?post=77872014) or at: earthpanther@hotmail.com.

Make Music Madison Seeking Volunteers!

Volunteers are needed for the June 21st 'Make Music Madison' event at the Meadowood Park for the following positions:

- ◆ General event planning / music selection
- ◆ Planning and / or staffing a children's art / craft area or play activities
- ◆ Set up / clean up of Meadowood Park. Concert time will be 4:00 - 8:00 pm.
- ◆ Meal preparation or serving

If interested in volunteering, please contact:

- ◇ Willa Schelcht at willazoe61@gmail.com or by phone at: (608) 698-0754

ANNUAL MADISON COMPOST BIN AND RAIN BARREL SALE – SATURDAY MAY 12TH



100-gallon gray rain barrel with diverter

This is the year to join the tens of thousands of area households that have already participated in the annual Madison Compost Bin and Rain Barrel event.

When it comes to easy, cost-effective ways to lessen your impact on the planet, rain barrels and compost bins provide an eco one-two for your home!

Harvesting rainwater for your plants saves money and reduces stormwater runoff into local waterways. And rather than sending more stuff to the landfill, compost bins will help you create nutrient rich soil by turning yard waste and food scraps into organic fuel for the garden.

Compost bins and 50 and 100 gallon rain barrels with diverters are available at discounted prices on Saturday May 12th at the Alliant Energy Center north parking lot from 10am – 2pm. The annual event is open to resident and non-residents of Madison. Supplies are limited, pre-ordering is strongly recommended. Pre-order online before May 1st with the promo code MAD18 and save an additional \$10 off. For more information visit <http://www.cityofmadison.com/streets/compost/CompostBinSale.cfm> or order directly from www.rainreserve.com/madison.

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Hello Meadowood Neighbors,

I hope this finds you healthy and happy and looking forward to spring! While it may seem that things have been quiet with City government the last few months, I have been busy on a few specific projects. In February, I convened a group of stakeholders and community activists who work in Southwest Madison with the purpose of providing a space for folks to share with each other what it is they do, look for opportunities of collaboration and identify areas that need collective focus. It was a wonderful meeting. We learned that there is a lot of collaboration happening already and certainly areas of opportunity to do more. The group identified three areas of focus: housing instability/homelessness, communication between organizations and race relations in our neighborhoods. Housing was the overwhelming top priority, so a smaller group formed to begin work of putting a SW housing crisis response program together...more to come on that. The larger group will meet again in May to continue to focus on collective impact.



Matt Phair, District 20 Alderperson

On a city-wide level, I am working behind the scenes to shepherd budget initiatives I supported into their implementation stage. Both relate to violence prevention. The first, our Peer Support Initiative, is a City-funded program that partners with members of the community who focus on interrupting the cycle of violence. Professionally trained peer support coaches work with people who are witness to, victims of or even perpetrators of, violence. The main objective is to intervene and provide coaching, support and access to services, so individuals choose productive solutions to better their lives rather than violence. The other exciting project I am working on has potential to make Madison a safer and more equitable city over the long-term. After a difficult budget fight, we were able to provide staffing resources to our Public Health department and task them to work on violence prevention. They have begun the work of convening stakeholders, compiling and analyzing data and researching best practices from around the country. The months-long process will culminate with the presentation of a community plan for preventing violence, hopefully by the end of 2018. I firmly believe that we won't improve the lives of those affected by violence and therefore make our city more equitable and safe until we take this root cause, comprehensive and generational approach to violence prevention.

Regards...and think spring!

Matt Phair

(608) 772-1187, district20@cityofmadison.com

Column from Dane County Executive Joe Parisi

Like most people in our nation, I believe we need a comprehensive approach to reducing gun violence; one that includes the enactment of reasonable gun laws as part of an overall strategy to keep our kids safe. Tragically our political system has failed to deliver on this time and time again and kids are dying as a result.

Today too many politicians blame mental illness for every shooting and use it as an excuse to do nothing about the gun side of the equation. The result is tragedy.

There is a lot we can do to stop the carnage; an approach that better addresses both mental illness and guns could make a real difference. Unfortunately, the NRA playbook doesn't seem to allow for that. And too many politicians are following that playbook- blaming mental illness, doing nothing.

So to those with the power to enact change: We're tired of excuses; we want action and we want it now. It's time to come together as adults who owe it to our children to make their world a better, safer place. It doesn't need to be this difficult.

I have called on Governor Walker and Speaker Ryan to pass the following common sense reforms to make sure dangerous people don't have access to dangerous weapons:

- Mandatory universal background checks
- Assault weapon ban
- Ban aftermarket devices (bump stocks) that allow you to modify your gun into a rapid fire weapon
- Keep people who are subject to domestic violence protection orders from having guns

Join me in demanding action from Governor Walker and Speaker Ryan by signing our petition at CountyofDane.com.



Teen Job Opportunity!

(Submission from Stephanie Bradley Wilson, CWD)

Looking for a Job? Teens – if you are 14-17 years old, you are invited to apply for Common Wealth's Youth-Business Mentoring Program at Memorial High School! In this program, you will complete a 3-week training, receive mentoring support from Common Wealth, and you are guaranteed a part-time job!

To apply, you **must attend an application meeting** at Memorial High School. These will be held Tuesday 4/17 at 3:45 and Wednesday 4/18 at 3:45 or 5:15 in the LIT Center at Memorial.

Questions? Contact Sydney McConnell-Durkin at sydney@cwd.org or (608) 256-3527 x20.

Working Together for Energy Efficiency

From: Madison Gas and Electric

If we're all energy efficient, we can save energy and money and be good stewards of the environment. Below are some of the most common ways we all can reduce our energy use during the colder months.

Fix air leaks: Make sure your home is adequately sealed to avoid air leaks. Latch windows and double check weatherstripping around doors. Quality caulking and weatherstripping can last for decades. If your attic has fewer than 7 inches of insulation, fix air leaks from the house into the attic and add more insulation. Failing to fix air leaks before re-insulating is a big mistake. Most air leaks come from attics, basements, kneewalls, and garages under living spaces.

Use the "auto" setting on your thermostat: Use your thermostat to set the furnace fan to "auto" instead of "on" to avoid costs resulting from the fan running continuously. Also, lower the thermostat when sleeping and when away (55°F lowest setting). The longer your home is at a lower temperature, the more you save. Consider upgrading to a programmable or smart thermostat to make saving energy more convenient!

Adjust your curtains and blinds: Close them at night. This will keep the cold air from dispersing throughout your home. Open them during the day to allow the sun to warm the room.

Adjust your water heater: Heating water can account for up to 25% of the energy used in your home. Turn down your water heater to 120°F to help save energy without making a noticeable impact.

Consider a home energy assessment: MGE's partner in energy efficiency, Focus on Energy, helps customers purchase a home energy assessment to help you identify which upgrades make sense for your home. See a brief video of a home energy assessment in Monona at energy2030together.com.

Explore smart home technologies: Smart power strips, thermostats, lightbulbs, and switches make energy efficiency easy. Smart home technology can be automated and/or controlled remotely via a smartphone, tablet, or computer, putting control at your fingertips no matter where you are.

For more energy-saving information and brief videos of how new technologies can help meet your household's energy goals, visit energy2030together.com.

Energy efficiency is a priority under MGE's Energy 2030 framework for a more sustainable energy future. Let's work together!

The graphic features a lightbulb icon with the text 'NEW TECHNOLOGIES CLEAN ENERGY ENERGY EFFICIENCY' stacked vertically. Below the lightbulb, it says 'VISIT TO LEARN MORE ENERGY2030TOGETHER.COM'. At the bottom, it reads 'Madison Gas and Electric' with the MGE logo and the code 'GS3221 3/23/2018'.

Hello friends and neighbors,

While this typically a slower time for the Dane County Board because of upcoming elections, there is usually a lull in some legislation. However, we have begun advancing some items on our agenda.

Three key land purchases to improve outdoors opportunities for bicyclists, hikers, paddlers and anglers around Lake Mendota, the Sugar Yahara rivers and Door Creek. Along with the new five-year Parks and Open Space Plan, which can be reviewed at the Land and Water Resources website and will be acted on in April or May by the board, a goal is to provide additional access to break down barriers of language, financial need, awareness of the parks, and transportation are all potential limitations for more of our citizens to enjoy.



*Matt Veldran, Dane County Board
of Supervisors, District 7*

Purchasing 20 affordable housing units in Belleville and confirming Gorman & Company for redevelopment of the county-owned Messner property on East Washington Avenue. Gorman is proposing a 5-story, mixed-use affordable housing development known as Valor on Washington, which will include 64 two- and three-bedroom affordable apartment units targeted to families and veterans.

The county board confirmed the selection of well-regarded Perkins+Will from Minneapolis, advancing the redevelopment of the Alliant Energy Center (AEC), to prepare a comprehensive master plan. They are the same firm that is overseeing the new Wisconsin Center in downtown Milwaukee. The development on the campus will take place in multi-year phases as we work on the various financial and governance aspects of the project. The local firm of Vandewall & Associates which was responsible for the visioning plan and will facilitate community outreach during the process.

We continue to address the racial disparities in Dane County and the board will address its actions to create “Who benefits?” Looking to ensure that government works for all citizens, we will soon include wording at the top of agendas asking how any pending actions might impact minority groups. We will include four questions in the masthead: Who benefits? Who is burdened? Who does not have a voice at the table? How can policymakers mitigate unintended consequences of their actions? We believe these will help us keep those questions front and center when considering resolutions, ordinance amendments, budget amendments or other action items.

As I begin my next term I thank all of you and greatly appreciate your support while representing you!

If you have any questions, concerns or ideas don't hesitate to contact me.

Matt Veldran

veldran@countyofdane.com

(c) 608-235-8369

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Meadowood Neighborhood Association's Police Liaisons

Dave Glomp and Merle Bengston are the Police Liaisons to the Meadowood Neighborhood Association's Board. They submit a monthly report to the Board. These reports provide information pertaining to the Meadowood region on the number and concentration of police 'incidences' each month, an 'incidence log' with additional detailed incidence information, the number of stolen cars, thefts from autos and other issues highlighted by police from the west district police station.

For example, in Dave and Merle's March report to the Meadowood Board, they stated that there were 21 police incidents in Meadowood during February. Of these, 15 occurred in the 5700-5800 blocks of Russett, Raymond, Balsam Roads and their cross streets. Further detail on each incident includes the nature of the case, the date, time and location of the incident, the case number, and its current status. The report also provided information on the boundaries of the Midtown Police District, which will include a portion of Meadowood within its service area. The report underscored the need for residents to use common sense to reduce the likelihood of being victimized by car theft or theft of objects left in unlocked cars.

If you are interested in obtaining a copy of the monthly report, please contact Dave Glomp or Merle Bengston directly.

Dave Glomp: dave2847@charter.net

Merle Bengston: merle_bengston@netzero.net

TRIAD Programs *

These programs are free and open to the public.

April 24, 10 a.m., **Stay Independent as You Age, Assistive Devices for a More Mobile Life.** Andrew Lopez, Living Specialist, Access to Independence, Taylor Ridge Senior Apts. Learn ways to modify your space and learn about assistive devices that can help you maintain your independence for as long as possible.

April 25, 10:30 a.m., **Stay Independent as You Age, Assistive Devices for a More Mobile Life.** Andrew Lopez, Living Specialist, Access to Independence, Good Shepherd Lutheran Church, 5701 Raymond Rd., Madison. Learn ways to modify your space and learn about assistive devices that can help you maintain your independence for as long as possible.

May 8, 10.a.m. **Self Defense for Seniors.** Randy Beck, USA Karate, Taylor Ridge Apts., 510 Westlawn , Cottage Grove. The speaker will talk about easy ways to defend yourself.

May 22, 10 a.m. **Living With Anxiety, Depression and Other Mental Health Issues.** Kathryn Mellom, NAMI Taylor Ridge Senior Apts., Cottage Grove. Whether you or a family member or someone who lives in your building has mental health issues, learn how to cope and deal with them.

May 23, 10:30, **Travel Safety.** Ed Mani, Burkhalter Travel, 6501 Mineral Point, Madison. The speaker will talk about domestic and foreign travel, travel/tour scams, staying healthy and avoiding crime while traveling, travel insurance and other topics.

* Triad is a national program that promotes safety and crime prevention for seniors. Locally, RSVP partners with the Dane County Sheriff's Department, local police departments, senior agencies, and others in the community to bring vital health and safety information to Dane County seniors. For more information, call (608) 441-7897.

