

MEADOWWORD

Newsletter of the Meadowood Neighborhood Assn

www.meadowoodneighbors.org

Apr.-May 2013

President's Message – Lisa Veldran

lveldran@yahoo.com 271-0722

I am hoping that by the time you receive this issue of the *Meadowood*, we will see grass and spring flowers poking their heads above the ground. Even though winter kept many of us indoors, there was still plenty to do in our neighborhood; attending the Meadowood Community Supper, taking part in the programs offered at the Meadowood Neighborhood Center or volunteering at our neighborhood schools. Whatever you did over winter there will be LOTS to take part in this spring and summer: gardening at the Meadowood Community Garden, attending another Community Supper, an opportunity to participate in the planning of the new Meadowridge Library relocation, going to the new Meadowood Community Farmers Market (starting in June and coinciding with the Meet & Eat events), signing up to take part in Make Music Madison event and help with planning and volunteering at the Meadowood Neighborhood Festival.

I want to thank those Meadowood neighbors who have chosen to “step up” in our community by being involved in these events thus ensuring that Meadowood continues to be a welcoming neighborhood to all.

Fresh Air Craft Fair Elver Park

Saturday, May 11th, 10am-3pm

1250 McKenna Boulevard

www.cityofmadison.com/parks/celebrate/CraftFair.cfm

Madison Parks is pleased to present The Fresh Air Craft Fair, an exciting new event for spring 2013. The Fair will host regional artists selling jewelry, pottery, paper crafts, and much more.

As the largest of Madison's community parks, with 227 acres, Elver Park is the premiere location to hold this outdoor event. With activities such as kite flying and hayrides as well as kids crafts, live music, and food, The Craft Fair is the perfect way to enjoy warm spring weather and celebrate Mother's Day.

Artists and crafters are invited to participate by reserving a 10X10 space to sell their own unique arts, crafts, and other handmade goods. Artists wishing to reserve a space can do so at the Fresh Air Craft Fair's webpage:

www.cityofmadison.com/parks/celebrate/FreshAirCraftFairVendor.cfm

until Saturday May 4th, 2013. There is a \$40 fee per space and no equipment is provided. All are encouraged to register early, as there are a limited number of booth spaces available. Questions can be directed to mwoodward@cityofmadison.com

MNA Receives City Neighborhood Grant

by Sally Stix & Rachel Howard

The Meadowood Neighborhood Assn. expects to receive a \$3,200 grant from the City. A subcommittee of MNA met and developed a plan for using one of our neighborhood assets; the Meadowood Park. The grant proposes five Park events and enhancement, including building a little free library, having 3 movie nights during the summer months and ending the summer with an all-day neighborhood festival.

The grant will cover only a small portion of what the MNA expects the projects to cost. But the returns can be worth the cost and effort. Working to build ties among our racially and economically diverse population to break down barriers and promote understanding, residents can build safer and friendlier spaces.

The Park can become an even more important focus of neighborhood space, adding to the already established basketball court, community gardens and tiling project. This is an exciting and labor-intensive undertaking. We need neighborhood involvement. If you have a skill, are creative or just have an hour to volunteer, we need YOU. More information will be forthcoming but we need people to step forward as soon as possible. If you are interested, contact Krista Ralston, kralston@wisc.edu or 274-2210.

Annual Meadowood Spring Garage Sale

Friday and Saturday, May 10-11, 2013

8:00 a.m. - 3:00 p.m.

Want to participate in the Meadowood Neighborhood Garage Sale? Contact June Wilson by Saturday, May 4, 2013 to include your address in the WSJ and Craigslist ads. June can be contacted at 273-1951 or jl.wlsn@yahoo.com.

Tuesday May 14 Community Supper

Mark Your Calendar Now!

Good Shepherd Lutheran Church,

5701 Raymond Rd

5:30 p.m. - Doors Open

6:00 p.m. - Introductions, Table Talk, Dinner

Alder Matt Phair will provide an update on plans for the Meadowridge Library and Meadowood Neighborhood Center expansions. Information on summer youth programming will be available.

March 3rd Goffland Gala Recap

We had a great time on Saturday, March 2 at Vitense Goffland. 53 adults and kids attended to eat dinner, play mini-golf, meet new neighbors and catch up with friends. Hope to see you next year!

The Meadowood Neighborhood Association Board of Directors meets at 7:00 pm the first Wednesday of every month (except July when there is no meeting) at the Meadowood Neighborhood Center. **Meetings are open to the public.**

www.facebook.com/Meadowood.Neighborhood.Association

Meadowood Suppers—a nourishing institution

by Sherri Swartz, Community Supper workgroup

Over 130 residents gathered together on the evening of February 12. We were warmed by a chili potluck and the opportunity to discuss our shared neighborhood experiences with both new and long-time neighbors. Each table discussed hopes, visions and concerns about the Meadowood neighborhood. Attendees were surveyed about concerns and these were the results:

- Attracting businesses to the shopping center
- Supporting expansion of the library and the community center
- Safety—which is also tied to the shopping center and youth activities and the corollary
- Keeping youth occupied in positive, constructive activities
- Better communication about the neighborhood
- More social opportunities to get to know neighbors

This information was distributed to relevant work groups and community leaders. There was also an opportunity to sign up for neighborhood committees and work groups for those interested.

You're invited to get involved or just enjoy a good meal with friends. The best part is you don't have to do much work to have a great meal!

Ridge Pool: Right Next Door to Meadowood What are your plans for the summer? Sweltering in the heat or cooling off by the pool?

Ridgewood Pool offers swim, dive and water ballet lessons as well as All-City competitive swimming and diving teams. It's a healthy sport and your children come home clean!

Adult lap swimming is offered in the mornings and evenings. The Pool is now accepting summer membership applications. New members can take advantage of their special non-stock summer membership option at a discounted rate. And now you can pay your membership conveniently online with your credit card.

Ridgewood is a stockholder, membership pool operating from Memorial Day to Labor Day. The facility is tucked into a quiet corner of the Orchard Ridge neighborhood, off Gilbert and Hammersley Roads, in a kid-friendly residential setting. In addition to two regulation-sized pools for recreational and competitive swimming, there is also a separate diving well with high and low dives and a fenced-in toddler pool of 6" depth.

For more information visit:

<http://www.ridgewoodpool.com/>

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WPD-Officer Kaig Knutson Balsam/Russett Rd

I enter 2013 with high expectations not only for Balsam/Russett but also for the West Community Policing Team. I come from the North Community Policing Team which I had been a member of since 2011. I look forward to working with not only my fellow officers but with the community. I'm very thankful PO Kim Meyer is returning to the team and has been and will be an excellent resource not only for me but for the neighborhood. I can't wait for the warm weather so I can get out on foot and meet as many people as possible in the Meadowood Neighborhood.

The first month and a half has been busy in the neighborhood with several traffic stops and contacts that have led to arrests and/or citations for marijuana, heroin and drug paraphernalia. The majority of the people contacted are not from the neighborhood with many from outside Madison. With that said, I encourage residents to continue to call police when you witness things going on in the neighborhood such as suspicious vehicles and persons or other serious concerns. There are several ways to contact the police:

911 any time there is an emergency
266-4275 non-emergency calls
245-3662 self report

MedDrop Box at West Police District Station

Last year a MedDrop box was installed in the West Police District lobby. A number of MedDrop boxes have been made available in the area, thanks to Safe Communities of Madison/Dane County (a non-profit agency that works to save lives and reduce injuries). The MedDrop box provides a safe and appropriate way to discard unused and expired medication (both prescription and over-the-counter). After the medications are deposited in the MedDrop boxes, they are placed in 5-gallon buckets and stored in Madison Police Department secured property storage. Several times a year, they are moved to another location where they are destroyed.

The West District's MedDrop box was installed in May of 2012. From then until the end of 2012, more than 800 pounds of medications and packaging have been disposed of. For more information on the MedDrop box, including what can and can't be discarded, please visit the [Safe Communities website](#)

2013 Money Smart Women Conference: April 20, 2013

Concourse Hotel, 1 W. Dayton Street

The Money Smart Women Conference is being held Saturday, April 20, 2013 from 8 a.m. to 1:00 p.m. at the Concourse Hotel in Madison with the theme of "Imagine, Plan, Achieve, Your Financial Goals." Registration is \$35.00 but save \$10 by registering now! More information: <http://www.moneysmartwomenwi.com/>

Mayor Soglin's blog (March 21, 2013)

<http://www.cityofmadison.com/mayor/blog/?Id=878>

Healthy Foods Contribute to Healthy Lives

Recently four area hospitals released the results of a community health needs assessment in launching healthydane.org. From this data, "organizers hope that the website will encourage visitors to find solutions to existing health needs." In order to begin that process, we must first understand where we are as a community. Areas of great concern:

- About one-half of our students in MMSD are eligible for Free or Reduced Lunch; 86.1% of our African-American students are eligible.
- 36.9% of African Americans in Dane County are at or below the poverty line; compared to 9.3% of White, non-Hispanics.

We know that there are families in Madison that struggle to obtain not only a nutritiously adequate meal, but enough food in general. I recently heard an anecdote about a child at one of our community centers who said the only meal he eats during the day is the one provided by the center. It is well documented that if kids are not getting adequate food and nutrition, they will fall behind in school.

Here are more eye-opening statistics:

Death rate due to diabetes by race/ethnicity

Overall: 13.1 deaths/100,000 population (18+ years old)

White: 12.6 deaths/100,000 population (18+ years old)

Black: **41.3 deaths**/100,000 population (18+ years old)

Those who are in poverty rely, often solely, on food assistance programs, namely SNAP. One alarming indicator of the deficit in access to nutritious food is the number of SNAP (Supplemental Nutritional Assistance Program) certified stores per 1,000 population – in Dane County less than .6% per thousand.). Wisconsin also has the **second lowest** average for the monthly assistance provided from our food assistance program per person in the country. With few accessible, healthy, and affordable choices to redeem food assistance for many families, the choice is often made in favor of what is affordable rather than what is healthy.

Madison is one of the most highly educated cities in this country, so we should be well aware of the connection between diet and health and diet and education. We are also blessed with one of the richest agricultural regions in the world. Given that fresh produce begins losing its nutritional value almost immediately after harvest, it is in our best interest to have our regionally produced food consumed and processed locally.

As a community, we must get creative to provide healthy, affordable meals to those who need it the most. There are some great examples of success. The Madison Freshmobile, our network of farmers' markets, and the work

of our local food banks are just a few.

There are other great examples outside of Madison. There are extremely successful incentive programs, offering a dollar-for-dollar match of food assistance at farmers' markets; there are communities "prescribing" fruits and vegetables; there are efforts to curb fast-food and sugar-based beverages. Here in Madison, there is much to be done. The work that remains is a shared responsibility between our school districts, government, and other community providers. It is time that all of us get serious about food and nutrition.

Learn About Climate Change at West High May Day!! May Day!!

Jonathan Patz, MD, MPH will be speaking about climate change at West HS on Wednesday, May 1 at 7:00 p.m. in the West High auditorium. Dr. Patz is a professor & Director of the Global Health Institute at the UW-Madison. He served as a lead author for the United Nations Intergovernmental Panel on Climate Change (IPCC) – the organization that shared the 2007 Nobel Peace Prize with Al Gore. Dr. Patz co-chaired the health expert panel of the US National Assessment on Climate Change and was a convening lead author for the United Nations/World Bank Millennium Ecosystem Assessment. He devotes significant efforts to public science communication, contributing to a 2008 Time Magazine article, an HBO Documentary "Too Hot Not to Handle," and numerous state and local news reports on emerging issues in environmental health. Dr. Patz's commitment to preventative medicine and environmental sustainability guide his personal lifestyle.

Madison is very fortunate to have Dr. Patz as a member of its broader community and fortunate that he has offered to share his expertise. His presentation at West High is open to the public and is sponsored by West HOUSE Connection, a division of the West High School PTSO. The West High auditorium is located off of Regent Street.



Little Free Library

County Executive Action on Climate Change

by Joe Parisi, Dane Co. Executive

We've all had a parent or grandparent tell us "when I was younger, there was more snow" or "the lakes stayed frozen longer." It turns out, they weren't just telling stories. They were right.

Climate change is happening and it's not just the polar ice caps melting. It's happening right here in Dane County. Scientific evidence shows several clear trends including an increase in the number of days 90 degrees or hotter and ice now lasting only three months on Lake Mendota when it used to last four months 150 years ago.

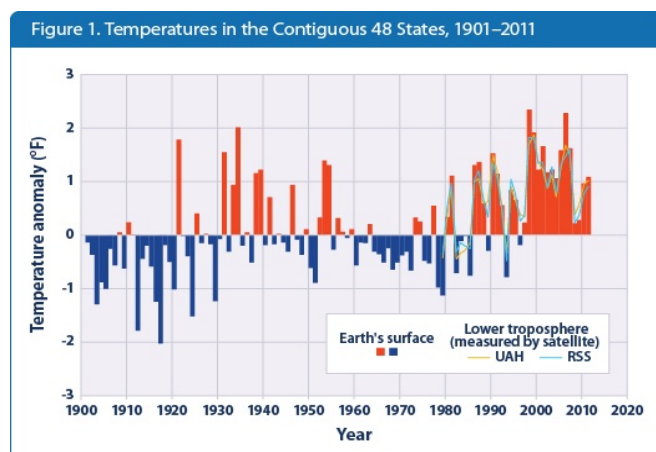
A 2011 report of the Wisconsin Initiative on Climate Change Impacts predicts that the average temperature is likely to increase 4-9 fahrenheit degrees by the middle of this century and that means the summer we had last year might be here to stay.

Scientific evidence indicates we are going to have more precipitation and higher temperatures with more extreme weather events becoming the norm. We need to prepare now so we can safeguard the well being of residents, minimize economic impacts and protect the environment.

That's why I'm creating a Dane County Climate Change Action Council to ensure the county is prepared for extreme weather from climate change. They will review existing emergency plans and issue a report to me with an action list of steps Dane County can take based on projected weather events.

I want to make sure county government is ready to respond to any situation that may arise so I am charging this group to make real suggestions for changes we can make to be better prepared. I have also asked my administration to develop a roadmap to further reduce greenhouse gas emissions over the next several years.

You can learn more about the Climate Change Action Council at: <http://www.countyofdane.com/exec/initiatives.aspx>



6th Annual Isthmus Green Day 2013: 4/20/2013

Monona Terrace, 1 John Nolen Drive

Isthmus Green Day is a FREE expo and forum from 10am-5pm that celebrates and promotes environmentally conscious living through a variety of activities.

Parents can count on informative exhibits, product demonstrations, educational activities, fascinating speakers, and shopping opportunities, but don't forget about the kids!

There will be activities including hands-on, interactive booths, a fashion show, yoga, and even cooking demos for a one-of-a-kind experience!

This year Isthmus Green Day is fortunate enough to highlight the works of two highly motivated men working towards sustainable and eco-friendly solutions. We invite you to see Michael Brune, author of Coming Clean: Breaking America's Addiction to Oil and Coal, address climate disruption and enlighten you about his ambitious plan for moving America toward a clean-energy economy. Also, Doug Fine, author and journalist, will share his unique experiences visiting five continents as well as focus upon the 'Digital Age' and the burgeoning legal cannabis industry.

Join in learning, practicing and celebrating sustainability and healthy living on 4/20.

This popular community event attracts thousands of visitors drawn from the massive Isthmus audience of active, interested and motivated people and residents and we hope to see you there! For more information please go to www.IsthmusGreenDay.com

Grab your guitar, prime your pipes, or tune your tuba... Let's Make Music Madison! June 21, 2013

www.makemusicmadison.org

Make Music Madison is one-day citywide, free, outdoor musical experience held on the Summer Solstice, June 21. Music lovers around the city will generate a continuous wall of music to be enjoyed by everyone. Anywhere can be a venue as long as it is outside, anyone can be a performer as long as they love music, and of course everyone can enjoy this unique day of musical celebration.


Four areas in Meadowood have been identified as music venues: 1) Toki Middle School, 2) Good Shepherd Lutheran Church lot, 3) the lot next to the Meadowood Shopping Center and 4) Meadowood Park.

Some performances may start early or go late, or take


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advantage of natural commuter times, but from 4:00 p.m. to 8:00 p.m. public spaces throughout Madison — sidewalks, parks, and more — will become impromptu musical stages, dance floors, and social meeting points. We expect oodles of amateur and every sort of professional musician to pop up all over Madison to perform for new audiences and residents alike.

What is Make Music Madison?

- A way for all Madisonians to celebrate the summer solstice, enjoying the longest day of the year, while sampling a buffet of musical merriment.
- A DIY city-wide celebration when almost any way to make music can and will happen.
- Make Music Madison is open to music makers of all ages, levels, and musical persuasions.

Make Music Madison is music performed by anyone, enjoyed by everyone- all over Madison. Amateurs, part-time professionals, and established artists are welcome. Make Music Madison invites everyone to come out and play. Play an instrument, sing along with a crowd, organize a choral flash mob, record and upload the musical happenings as they unfold around you.

MNA Board Elections: Your Participation Is Needed For Meadowood To Move Forward or if you don't do it, who do you think will?

Annual MNA Board elections are coming up. There are exciting openings on the Board and people need to step up and get involved! Meet your neighbors! Know what is going on around you and help direct it!

The Board meets monthly, 1st Wednesday, for, at most 2 hours, except July when there is no meeting. Area

representatives represent specific Meadowood districts (3 or 4 streets) and many with block captains to distribute newsletters and conduct the annual membership drive. Area representatives and officers serve one-year terms. There are no term limits for representatives while officers are limited to five consecutive years. Incumbents must nominate themselves or be nominated by another to be on the ballot. Nominees must be members of the Association. Check neighborhood boundaries on the website or call any current board member.

Send your nominations to Mark & Janice Bauman, 1817 Lynndale Drive, 53711 by May 31st. Include your name and phone number or of your nominee, and what position the nomination is for. (If you haven't followed Mark Bauman's battle with city hall, which you *can* fight, see: <http://madisoncommons.org/?q=content/city-plans-to-uproot-cherished-fruit-trees>)

Nominate yourself or someone you know to represent your area. Nominations will appear in the June newsletter and voting will take place at the MNA annual July 4th picnic or by arrangement for absentee ballots.

You might have noticed that Areas 13-15 historically lack a representative. That is not coincidental. These areas consist of many of the rental properties in Meadowood. To ultimately be an inclusive neighborhood association and neighborhood, we need to find ways to break through whatever obstacles prevent rental-property residents from being involved

Current 2012-2013 MNA Board Officers and Representatives:

President: Lisa Veldran (position will be open)

Vice President: Mark & Janice Bauman

Treasurer: Lorene Wendricks Secretary: Joyce Dingman

Newsletter Editor: Sally Stix

Area 1: Sally Stix

Area 2: Krista Ralston

Area 3: Bob Rabehl

Area 4: Dottie Loehrer

Area 5: Sheri Rembert

Area 6: Lisa Veldran

Area 7: Lisa Schulz

Area 8: Janice & Mark Bauman

Area 9: Tanya Kirtz

Area 10: Rose Mary Wise

Area 11: Linda Kubly

Area 12: Patsy Ragland

Area 13-15 :Vacant

KATHIE RASMUSSEN WOMEN'S THEATRE
IN PARTNERSHIP WITH MADISON THEATRE GUILD PRESENTS

TEN THOUSAND MOONS FROM HERE

BY KATHLEEN ALLISON JOHNSON AND GAIL STERKEL
DIRECTED BY JAN LEVINE THAL

JUNE 13-22, 2013

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artistic@madwomenstage.org
www.madwomenstage.org

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